

Eridge House

FOOD AND HYGIENE POLICY

We believe that eating together during meal or snack times plays an important role in social development. It also reinforces children's understanding of the importance of healthy eating. We provide a high standard of hygiene, promoting a healthy lifestyle.

We do this by ensuring:

Food

- All snacks provided will be nutritious, paying attention to children with particular dietary requirements and needs.
- When cooking with children as an activity, staff will provide a healthy, wholesome food, promoting and extending the children's understanding of a healthy diet.
- That parents have informed the school of the child's dietary needs, including allergies, religious preferences, vegetarians and vegans
- Filtered water is always available
- We store packed lunches safely and parents are advised to cold packs in their child's lunchbox
- Whole and pasteurised milk will be provided for the children
- Staff are never involved in handling food if suffering from any infectious/contagious illnesses or skin conditions
- We wash all fruit and vegetables before using them
- Different cleaning cloths are used for the kitchen and toilet areas
- Waste is disposed of appropriately and out of reach of children
- All utensils are kept clean and stored in catering trolleys
- All staff and parents are made aware that nuts must be avoided within the school due to allergies

Hygiene

- Hands are washed after using the toilet and before handling food
- All staff and children have access to antibacterial gels in the classrooms offices
- Children are encouraged to blow and wipe their nose, and dispose of soiled tissues hygienically
- When coughing, children are taught to put their hand(s) in front of their mouth
- Paper towels are disposed of hygienically
- Hygiene rules relating to bodily fluids are followed with particular care. All staff members and volunteers are aware of how infections including HIV can be transmitted
- Tissues, wipes and used plasters etc which have blood on, should be disposed of in either of the swing bins kept in the front cloakroom and First Aid room. The bins should have a bin liner in them.

Policy due for review: September 2011

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- Staff members and volunteers wear disposable gloves when changing nappies and dealing with accidents or cleaning the toilets
- Used nappies and wipes etc are put into nappy sacks and placed in the swing bin in the cloakroom, which will also have a bin liner in it.
- All surfaces are cleaned daily with appropriate disinfected cleaner
- Spare laundered pants and other spare clothing is accessible, with soiled garments being placed in polythene bags to take home